

LCHR

EXTENSIONS

WELCOME!

Whether you are new to hair extensions or are a seasoned pro, caring for your extensions is essential for keeping your hair looking fabulous and healthy. This advanced guide covers the essential dos and don'ts for all types of extensions installs, ensuring long-lasting beauty and comfort.

BRUSHING

- **Brushing:** Regular brushing keeps extensions tangle-free and looking great. Long hair can tangle from clothing and wind, so keep a soft, flexible boar bristle or nylon brush handy (you'll find one in your Swag Bag).
- **Technique:** To minimize pulling, support your weft by applying gentle pressure at the attachment point. Hold your hair like a ponytail, start brushing from the mid-lengths to ends where tangles are most common, then work up to the roots. Always be gentle.

WASHING

- **Frequency:** Extensions don't need frequent washing—every 2-3 days is ideal, but some can go 5-7 days. Brush 2-4 times daily to maintain fullness and freshness.
- **Products:** Always use professional, sulfate- and paraben-free products. Avoid shampoos with high protein, strengthening, or keratin-building ingredients—they can dry out and damage your extensions. Moisture-rich lines like Purology Hydrate, Biolage Hydrate, L'Oréal Vitamino Spectrum, and Innersense Hydrate are recommended.
- **Method:** Never pile hair on your head. Shampoo in a downward motion, focusing on cleansing the base of the wefts and scalp. Rinse thoroughly.
- **Pro Tips:** Stay away from protein-heavy products to prevent brittleness. Buying products through us earns Treat Card points for future purchases!

CONDITIONING

- **Application:** Condition only the mid-lengths and ends—avoid the base of the wefts. Let conditioner absorb for 3-10 minutes; once a month, leave on for 15-20 minutes or use a moisture mask.
- **After Care:** Gently towel dry and apply 21 Spray for moisture and heat protection. K-18 Oil is excellent for protecting against breakage. Use K-18 Treatment on natural hair every fourth wash (leave in for 4+ minutes, do not rinse).



TOP WASHING (TIME SAVER)

- **How-to:** Separate your wefts, secure extensions in a ponytail or braid, and wash only the natural hair that veils over the extensions. This refreshes your look and saves time!

STYLING

- **Heat Protection:** Always use Purology 21 Spray and K-18 Oil before heat styling. Avoid yellowing and breakage by protecting your extensions.
- **Products:** Extensions hold curls well, so minimal styling products are needed. Use hair oils (Unite, Moroccan Oil, Biolage, Innersense) 1-2 times daily from mid-lengths to ends for hydration. Unite purple oil is great for blondes.
- **Dry Shampoo:** Use only on natural hair, and never with a hot blow dryer. Texture sprays are different—ask us for recommendations!

SUNSCREEN

- **Color Safety:** Use mineral-based sunscreens without Avobenzone or Octocrylene to prevent color changes.

QUICK REFERENCE

- Brush often
- Sleep on a silk pillowcase
- Wash 1-3 times a week
- Air dry, then blow dry on low/medium
- Never sleep with wet hair
- Sleep with a top bun and soft scrunchie
- Wash/condition after swimming with Metal Detox
- Use hair oils for hydration
- Choose moisture-rich products
- Use 21 Spray for UV/moisture
- Always use heat protection
- Monthly moisture mask
- Move up wefts every 6-8 weeks
- Use only mineral-based, color-safe sunscreens

OUR PROMISE

We're always here to help! Contact us with any questions or concerns, or just to share your hair love. We may adjust your application for the perfect fit during your initial visits. Following these care steps can help your hair last 9-12 months. Product use is key to our guarantee. Earn Treat Card points with every purchase—500 points = \$20 off future products.

Enjoy your Swag Bag and healthy, beautiful hair!



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